

## Mental Health Resources

<b>Harnett County</b>	
<p><u>Buies Creek:</u> Daymark Recovery Services (additional locations) 5841 US 421, Buies Creek, NC 910-893-5727</p>	<p><u>Lillington:</u> E Squared Community Services 209 W. Front Street, Lillington, NC 910-814-2134</p> <p>Sierra's Residential Services, Inc. 1995 US 421, Lillington, NC 27546 910-814-4243</p> <p>Peace of Mind, Inc. 817 W. Front Street, Lillington, NC 910-814-2197</p> <p>Harnett Counseling Services 1186 N Main St, Lillington, NC 910- 814-0909</p> <p>EMH Counseling &amp; Associates 700 S 8<sup>th</sup> Street, Lillington, NC 910-814-1600</p> <p>Alcohol and Drug Services 28 W. Front Street, Lillington, NC 910-814-1020</p>
<p><u>Dunn:</u> Dunn Psychological Associates 102 Tilgham Drive, Dunn, NC 910-892-5839</p> <p>E Squared Community Services, LLC 608A W. Broad Street, Dunn, NC 910-891-7680</p> <p>TriCare Counseling &amp; Consulting 731 Tilghman Drive, Dunn, NC 28334 910-249-4219</p> <p><u>Cameron:</u> Carolina Counseling Services 85 Plantation Dr. #100 B Cameron, NC 28326 910-436-6336</p> <p><u>Spring Lake:</u> Spring Lake Counseling 104 Lake Ave, Spring Lake, NC 28390 910-339-9375</p>	<p><u>Multiple Counties/Location</u> Lee-Harnett County Family Support Program 910-985-0126</p> <p>Pinnacle Family Services 919-790-8580</p> <p>Daymark Recovery Services Sanford 919-774-6521 Pinehurst - 910-295-6853</p> <p>New Directions for Youth and Family Services 45 Comm Park Lane Angier, NC 27501</p>
<b>Mental Health Crisis</b>	
<p>Therapeutic Alternatives, Inc. (Mobile Crisis): 1-877-626-1772</p> <p>Sanford-Lee-Harnett Mental Health Crisis Line: 919-774-4520</p>	

## Mental Health Resources

Multiple Services	910-502-3388 (office)
Sandhills Center 1120 Seven Lakes Drive, West End, NC 910-673-9111	C-REP (Provide MST Services): (910) 488-7517

Psychiatrists:	Inpatient:
Fayetteville Psychiatric Ass. 2587 Ravenhill Drive, Fayetteville, NC 910-323-1543 600 Stellata Drive, Fuquay Varina NC 919-567-0684	Holly Hill Hospital 3019 Falstaff Road, Raleigh NC 919-250-7000
Haymount Institute 806 Hay Street, Fayetteville, NC 910-860-7008	Strategic Behavioral Center (ages 12-17) 3200 Waterfield Road, Garner, NC 919-800-4400
Daymark Recovery Services (multiple locations outside of Harnett County) 5841 US 421, Buies Creek, NC 910-893-5727	Cape Fear Valley 3424 Melrose Road, Fayetteville, NC 910-615-3600

Cumberland County	
Cape Fear Valley Health System (Behavioral Health Care Inpatient/Outpatient) 3424 Melrose Road, Fayetteville, NC 910-615-3600	Fayetteville Family Life Center 114 Highland Avenue, Fayetteville, NC 910-484-0176
Cardinal Clinic, LLC 1540 Purdue Drive, Fayetteville, NC 910-867-8889	CONTACT of Fayetteville, Inc. 3507 Hill Street, Hope Mills, NC 28348 910-485-4134
Cumberland County Mental Health Center 711 Executive Place, Fayetteville, NC 28305 910-323-2311	Catholic Charities 2712 Fort Bragg Road, Fayetteville, NC 910-424-2020
Family Alternatives, Inc. 2944 Breezewood Avenue, Suite 201, Fayetteville, NC 910-483-5744	Carolina Counseling 1318 Raeford Road, Fayetteville, NC 910-485-6336

## Mental Health Resources

Helping Hands Counseling 2014 Hope Mills Rd, Fayetteville, NC 910-425-6136	
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### Southern Wake County

CareNet Counseling (office also in Erwin)  
7925 Purfoy Road, Fuquay Varina, NC  
919-557-5840

Southern Wake Counseling Center  
320 North Judd Parkway, Suite 200, Fuquay Varina, NC  
919-557-8222

Fuquay Family Counseling  
602 East Academy Street, Fuquay Varina, NC  
919-346-5357

Serenity Springs Counseling & Wellness  
602 East Academy Street, Suite 105, Fuquay-Varina, NC  
(919) 753-1275

Carolina Counseling Services  
602 E. Academy St, Ste.103, Fuquay-Varina, NC  
910-308-3291

### Lee County

Hopeful Horizons Counseling Services  
321 A Court Square, Sanford, NC  
919-776-8831

Compass House Counseling Center  
311 W Rose Street, Sanford, NC  
919-948-7116

Susan Byerly, LCSW  
226 E Trade Street, Sanford, NC  
919-776-6911

Carolina Counseling Services  
310 N Horner Blvd, Sanford, NC  
919-887-4342

Janet Cheek, LCSW  
138 S. Steele Street, Sanford, NC

Mental Health Resources

919-776-0303

Rodney Jones, LCSW

115 Carbonton Road, Sanford, NC

919-776-9813