



COVID - Student Positive Symptom Parent Letter

Dear Parent / Guardian:

Date: _____

Your child, _____, is being sent home today due to one or more of the following symptoms:

- Fever of 100.4° or higher
- Chills
- New Cough
- Sore throat
- Severe Headache
- Nausea/Vomiting/Diarrhea
- New loss of taste and/or smell
- Shortness of breath/difficulty breathing
- Congestion/runny nose
- Muscle or body aches
- Other: _____

In accordance with the guidelines posted by the State of North Carolina and/or directions from the local health director, a child is exhibiting **ANY** of the above symptoms are not to come back to school until ONE of the following conditions have been met:

1. The student has had a negative COVID-19 **PCR** test and no fever is present for over 24 hours (without the use of fever reducing medications such as Tylenol, Motrin, etc.) AND they have felt well for the last 24 hours.
2. The student was diagnosed with COVID-19 by a healthcare provider based on symptoms or a positive test and can answer "YES" to ALL of the following:
 - Has it been 5 days since the child first had symptoms?
 - Has your child been fever free for at least 24 hours without using fever reducing medications such as Tylenol, Motrin, etc.?
 - Has there been improvement of your child's symptoms including cough and shortness of breath? Your child may still have a cough, but is it notably improved?
3. If your child is diagnosed positive for COVID-19 but has no symptoms, they must remain out of school for 5 days since their first positive test. If the student develops symptoms after testing positive, then please consult your healthcare provider.
4. The student has received confirmation of an alternate diagnosis OR a return to school note from a healthcare provider. *The student must still be fever free and have felt well without fever reducing medications such as Tylenol, Motrin, etc. for over 24 hours regardless of the alternate diagnosis.
5. If you opt to not have your symptomatic student tested or seen by a healthcare provider for COVID-19 within 3 calendar days, the student will be presumed positive and ALL unvaccinated, asymptomatic siblings in the home that attend HCS will be quarantined for exposure.
6. The student should continue to mask for 5 days after returning to school to minimize risk of infecting others.

If your child is positive for COVID-19, they are unable to return to school until _____ or as instructed by local public health officials.

Should you have any questions or concerns, feel free to contact your assigned school nurse:

Kelley Wickmer, BSN, RN Phone: 919 552 4353

Reference Strong Schools NC Public Health Toolkit (K-12) pages 14-18 for further guidance and/or clarification.

1/4/22



Student Close Contact Parent Letter

Dear Parent / Guardian:

Today's Date: _____

Your child, _____, has been identified as a close contact to a **COVID-19** positive person on _____ (date of exposure).

QUARANTINE OPTIONS FOR FAMILIES

OPTION#1 - Your child may return to school **AFTER** five (5) days if: (1) they report no symptoms during daily at-home monitoring AND (2) they have received results of a negative antigen (Rapid) or PCR/molecular COVID test conducted **on or after DAY 5** after the last exposure*. If results of the COVID test are negative AND your child remains symptom-free, he/she may return to school on _____ (date). Per the StrongSchoolsNCToolkit, you should continue monitoring your child for symptoms AND adhere to all non-pharmaceutical interventions (e.g. wear a mask, practice social distancing) through 10 days after the date of last exposure upon returning to school. **Please provide a copy of your child's COVID test results to your child's school.*

OPTION#2 - Your child may return to school ten (10) days after his/her last contact with a person who tested positive for **COVID-19** if you choose not to follow OPTION#1. If this option is followed, your child may return to school on _____ (date).

VACCINATED AND ELIGIBLE FOR A BOOSTER, BUT NOT YET BOOSTED

Stay away from others for 5 (five) days, get tested on or after day 5 (five) of exposure and if you test negative, you may return to school or work. It is recommended that you wear a mask for an additional 5 (five) days.

FULLY VACCINATED STUDENTS*

If your child is exposed and fully vaccinated for covid, he/she can remain in school. However, they should be quarantined immediately if symptoms of COVID-19 develop. It is recommended that your child be tested as a precaution on or after day 5 after the exposure and wear a mask for 10 days after the exposure. **Fully vaccinated means 2 doses of Pfizer or Moderna or 1 dose of Johnson /Johnson, followed by a booster dose if eligible. Proof of vaccination should be provided to your child's school.*

STUDENTS WHO DEVELOP COVID SYMPTOMS

If after an exposure your child develops COVID symptoms, please consult your healthcare provider or contact your school nurse for additional guidance.

If you have any questions or need additional information, please contact your assigned school nurse or the school's designated POC.

Kelley W. Omer, BSN, RN

Phone: 919 552 4353

Reference Strong Schools NC Public Health Toolkit (K-12) pages 14-18 for further guidance and/or clarification.